

Day Resident

Regions EM Longitudinal Program

Welcome Residents and Students

Non-Clinical Roles

Resident of the Day (ROD)

Medical Student of
the Day (MSOD)

Curriculum

Administration

Advocacy

Leadership

Quality

Scholarly Project

Resident of the Day (ROD)

ROD Basics

1. The ROD assignment is an opportunity for you to get exposure and experience with the health care delivery system, complete non-clinical residency expectations and learn.
2. The ROD assignment is a 10 hour shift. You are expected to be present for 10 hours, starting at 7am for morning sign-out.
3. The ROD assignment counts toward the 45 hours per week you are expected to work.
4. At the beginning of the day pick up the ROD pager and packet from Lori Barrett's office.
5. At the end of the day, please return the ROD pager and your completed daily checklist.
6. The ROD assignment is not perfect. Please let us know what works well and not so well. With some patience and constructive adjustments we think the ROD can have significant positive impact for residents and for the residency.

Other Responsibilities of the Resident of the Day:

1. Attend and evaluate administrative meetings according to the ROD meeting schedule
 - Review meeting checklist attachment below available on this website
 - Please check the meeting schedule before all ROD shifts
 - Check in with the faculty contact to determine if there is something you should do to prepare for the meeting
 - Fill out and hand in the meeting hygiene checklist (attached) afterwards
2. Present at 7am sign-out (unless you have a 7am meeting- see below)
 - At sign-out in the ER you are expected to present a brief summary of an appropriate EM topic
 - There will be a folder containing topics located in the Docs room where sign-outs will be taking place
 - Check the list ahead of time and check off the topic and date presented
 - This presentation should only take 3-5 minutes and should highlight 2-3 salient points of diagnosis or management

- In order to clearly and concisely present, you will likely spend between 10 and 60 minutes of preparation depending on your previous familiarity with the topic
- The outgoing team will be fried, so this presentation should not focus on "audience participation," i.e. questions like "Dr. Intern, how would you manage X" or "what would you do with this CXR" are probably not going to be helpful
- ROD absence at 7am sign-out will be noticed
- After presenting, you should email the key points from the presentation to Eric Dahl who will post them on the new blog that is being developed
- Presentations or Key points should also be sent to Katie Davidson or Eric Roth so they can be uploaded to our Administrative Website:

[Resident of the Day Presentations and Key Points](http://sites.google.com/site/regionsemlongitudinalprogram/resident-of-the-day/resident-of-the-day-presentations-and-key-points)

(<http://sites.google.com/site/regionsemlongitudinalprogram/resident-of-the-day/resident-of-the-day-presentations-and-key-points>)

3. Review the calendar – if there is a 7am meeting on your scheduled day
 - You should attend the meeting
 - Your absence at 7am signout will not be noticed
4. Wednesday ROD will be prepared for and teach the medical student workshops at 12:30pm or the Sim center workshop at 8:00am
5. Wednesday ROD will also be presenting critical case on Thursday
6. Other responsibilities to be determined

ROD Real-Time Quality/Health Care Delivery System Education

The first thing you should do at the beginning of the day is pick up your resident of the day pager (located on the shelf near the TV in the resident room), labeled ROD: 651-629-2067, to wear throughout the day. This pager will go off during two specific patient care scenarios that occur in the ED:

1. STEMI
2. Code CVA

Your role when the pager goes off, if you are available, is to be part of the quality team that will be analyzing these cases in a real-time situation. The team will meet in the physician charting room located in the ED. The quality team is made up of the resident of the day, the medical student of the day, and the Emergency Medical Director of Quality (EMDoQ), when available. The goal of the team is to analyze the process from a quality and health care systems-based approach, learn about the Centers for Medicare and Medicaid Services quality

core measures as well as other quality indicators, and discuss possible areas for improvement based on what occurred during the case. If the EMDoQ is unavailable, review the case on your own and fill out the appropriate Quality Case Review attachment below and send it to andrew.r.zinkel@healthpartners.com.

ROD Opportunities:

When not completing or participating in the above responsibilities, the following are suggestions for other activities

1. Work on Quality Improvement Projects
 2. Work on Resident Projects/Scholarly Activity
 3. Complete additional ultrasounds or intubation with anesthesia (if feasible)
 4. Complete CORD tests
 5. Complete paperwork, duty hours, log procedures
 6. Complete PEER VII questions
 7. Complete oral board review
 8. Troll the ED for procedures (central lines, reductions).
- Priority for performing the procedure goes to the resident seeing the patient but there are often busy times when that resident would be grateful for assistance from the ROD

Websites related to the Residency:

We have a plethora of webpages on which you can find information about the residency. Here is a listing of them all! If you know of a website that isn't listed, please let us know so we can keep this updated.

[Regions EM Residency webpages](#)

Subpages (2): [Regions EM Residency webpages](#) [Resident of the Day Presentations and Key Points](#)



★	ERUltrasoundLig...	Michael Zwank, Jul	v.1	2
/	MeetingHygiene...	Andrew Zinkel, Jun	v.3	2
+	RODMeetingChe...	Andrew Zinkel, Jul	v.4	2
/	STEMIQualityCas...	Andrew Zinkel, Jul	v.5	2
—	STEMIQualityImp...	Andrew Zinkel, Jul	v.1	2
/	StokeQualityRevi...	Andrew Zinkel, Jul	v.3	2

Sheet1

<u>Meeting</u>	<u>Date and Time</u>	<u>Location</u>	<u>Faculty Contact</u>
Medical Executive Committee	first Mon monthly from 7a-9a	New Board Rm South 2nd Fl	Dr. Isenberger
Pharmacy and Therapeutics	first Tues monthly from 7a-8a	Rm C2000	Dr. Harris
Stroke Committee	first Tues monthly from 12p-1p	Northwoods Rm 2018	Dr. Zinkel
ED Quality Committee	first Wed. monthly from 9a-10:30a	Edie Ales C2555	Dr. Zinkel
ED Operations Committee	first and third Wed. monthly from 10:30a-12p	Rm C2000	Dr. Zinkel
ED Residency Committee	second Thurs monthly from 1p-2:30p	Articella Conf Rm	Dr. Ankel
Quality Peer Review Committee	second Tues monthly from 11:30am-1p	New South Board Rm 2 nd Floor	Dr. Zinkel
STEMI Committee	second Tues monthly from 3p-4p	Rm C2000	Dr. Zinkel
Code II Committee	second Wed. monthly from 10:30a-12p	Rm C2000	Dr. Nelson
Patient Care Committee	third Mon. monthly from 7a-9a	Executive Conf Rm S2446	Dr. Zinkel
Graduate Medical Education Committee (GMEC)	third Tues monthly from 7a-8a		Dr. Ankel
CAP Improvement Committee	third Tues monthly from 12p-1p	Quality Conf Rm E3855	Dr. Zinkel
Credentialing Committee	fourth Tue monthly from 7:30a-8:30a	Exec Conf Rm S2446	Dr. Zinkel
Combined Critical Care Committee	third Tue every other month from 2p-3:30p	Rm C2000	Dr. Harris
Charge Nurse/Staff MD Meeting	second Wed. monthly from 9:30a-10:30a	Lindell Conf Rm	Dr. Taft
Best Care Best Experience	first Wed. monthly from 7:30a-9a	New Board Rm South 2nd Fl	Dr. Ankel
Health Partners Risk Management			Dr. Chung
Trauma Committee	third Tues. monthly from 8a-9a	MK Runyon Rm C2537A	Dr. Carr
Burn Committee	thrid Wed. monthly from 7a-9a	Burn Conf Rm	Dr. Kilgore
Organ Tissue Donation			Dr. Henry
Specialty Leadership Team	second Tue monthly from 7a-9a	HSC 401 Evergreen/Monarch	Dr. Isenberger
ED Research Committee	first Thurs. monthly from 1p-2p	Articella Conf Rm	Dr. Gordon
Behavioral Health Meeting	See calendar	Edie Ales	Dr. Isenberger
CCDS Committee	See calendar	Rm 2446 S	Dr. Isenberger
Senior Staff Meeting	second Wed. monthly from 7:30a-9:30a	Lindell Conf Rm	Dr. Isenberger
U of M Core Faculty Meeting	fourth Tue monthly from 7:30a-9:30a	U of M 717 Delaware St. SE Rm 508C	Dr. Isenberger
Senior Leadership Team Physician Meeting	third Wed. monthly from 7:30a-8:30a	New South Board Rm 2nd Floor	Dr. Isenberger

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Resident of the Day Checklist

Resident:		Date:
7:00 am Presentation in ED:		
Meeting(s) attended (attach meeting hygiene sheets)		
Code CVA (attach worksheet)		
Code STEMI (attach worksheet)		
Articles read:		
Feedback:		
Workshops taught/attended:		
Feedback:		
Other activities:		
Things learned:		
Suggestions for future ROD days:		

Return completed checklist and worksheets to Lori Barrett

Meeting Hygiene Checklist
From Pitfalls in Meetings and How to Avoid Them by Edward Prewitt
Harvard Management Update 1999
(Return to Lori Barrett)

Name of meeting:

Chair of meeting:

A. Purpose of meeting? (Input? validation?....)

Comments:

B. Seating arrangement?

Comments:

	Does not meet expectations Score 0	Meets expectations Score 1	Exceeds expectations Score 2
1. Could goals of meeting be better accomplished by other means? (transfer of information?, discussion?) Comments:	<input type="text"/>	<input type="text"/>	<input type="text"/>
2. Adequate preparation? Comments:	<input type="text"/>	<input type="text"/>	<input type="text"/>
3. Clear decision-making process? Comments:	<input type="text"/>	<input type="text"/>	<input type="text"/>
4. Premature jumping to conclusions? Comments:	<input type="text"/>	<input type="text"/>	<input type="text"/>
5. Overdevelopment of ego? Comments:	<input type="text"/>	<input type="text"/>	<input type="text"/>
6. Insufficient follow up? Comments:	<input type="text"/>	<input type="text"/>	<input type="text"/>
7. Agenda distribution? Comments:	<input type="text"/>	<input type="text"/>	<input type="text"/>
8. Meeting minutes distribution? Comments:	<input type="text"/>	<input type="text"/>	<input type="text"/>
Total Score		<input type="text"/>	

C. Cost of meeting? (e.g. average hourly salary + benefits) x number of people

Comments

D. Benefit of meeting? (product? consensus?....)

Comments

E. Other thoughts or observations?